

BIODATA OF DR. DIGAMBAR NAIK

DR. DIGAMBAR SURYA NAIK,

MBBS, MD(Medicine), DOIH,
DHA, FIAE, FAIMP (Cardiology)

Name : Digambar Surya Naik

Date of Birth : 29/03/1955

Age : 65Yrs

Occupation : Doctor- Senior Cardio metabolic Physician

Marital Status : Married

Spouse Name : Mangala Digambar Naik

Nationality : Indian

Residential Address: 827, GERA ASTORIA, Caranzalem, Panaji Goa 403502

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Dr. Digambar S Naik was born on 29th March, 1955, As an outstanding student he has represented his school in drawing, painting, extempore and elocution competitions and won many prizes. Has been always a topper in all classes.

In 1980 he completed his M.B.B.S. from Goa Medical College, scoring the highest marks in Medicine, Surgery and Obstetrics and Gynaecology. In 1984 he completed his M.D. in General Medicine and Therapeutics from Bombay

University. Subsequently he qualified in Occupational and Industrial Health through Goa University.

VARIOUS PROFESSIONAL ASSIGNMENTS:

Medical Director: - Vrundavan Shalby Hospitals.

Managing Director: - Golden Health Services Pvt. Ltd.

Managing Director: - International Institute of Medical Technology.

Managing Trustee: - Bhagirathi Surya Naik Memorial Trust which runs Vrundavan Nursing College.

Chairman: Diabetes Society Goa

Chairman: Dempo Healthcare

In 1994 saw the evolvment and birth of Vrundavan Hospital. This dream was nurtured slowly and gradually to make Vrundavan a multi-Specialty, highly advanced, and one of the best equipped hospitals in the state. Vrundavan is the first Multi-Specialty Healthcare Institution that has been awarded the Internationally acclaimed ISO 9001: 2000, Certification in Goa.

With the success of Vrundavan Hospital Mapusa took further Vrundavan leaps to establish a chain of Institution which do a yeoman service for humanity in and out of Goa.

1. Vrundavan Hospital – 75-bedded Multi specialty Hospital at Mapusa.
2. Vrundavan Hospital- 40-bedded Multi specialty Hospital at Panjim
3. Vrundavan Institute of Nursing Education at Colvale
4. International Institute of Medical Technology Educational Institute at Mapusa.
5. Vrundavan Dialysis Centre
 - 1) 15 bedded Dialysis unit at Vrundavan Hospital Mapusa.
6. Trust
 - * Bhagirathi Surya Naik Memorial Trust.
 - * Bhagirathi Naik memorial Trust
7. Vrundavan Pharmacy Mapusa
8. Vrundavan Eye Foundation.
9. Vrundavan Dental Care Centre at Mapusa

10.Prakash Cancer Aid Projects: Vrundavan Cancer Support Centre

OTHER ACHIVEMENTS:

- * Medical Examiner to L.I.C. of India.
- * Cardiologist to L.I.C. of India
- * President of Goa Medical Association (1989-1990)
- * Executive Member of Parent-Teacher Association of Dyanprasarak Mandal's Higher Secondary School, Mapusa.
- * Secretary of IMA Bardez (1994-1995).
- * President IMA Bardez (1995-1996).
- * President IMA Bardez (1996-1997).
- * Secretary of Rotary Club of Mapusa (1990-1991).
- * President of Rotary Club of Mapusa (1996-1997).
- * Headed a number of committees at district level in Rotary Dist. 3170.
- * President of API Goa Chapter (2001-2002).
- * Secretary of IMA Goa State Branch (2002-2003).
- * Secretary of API Goa Chapter (2005-07)
- * President API Goa from 2019 till to date
- * Life member of the India Polio Plus Immunization Task Force.
- * Vice President Indian Red Cross Society -- Bardez branch
- * Physician to Central Government employees.
- * Honoured at Delhi with Vikas Ratna Award by India International Friendship Society.
- * Recipient of best citizen award from International Publishing House.
- * Recipient of Noble Son of India award from Society for Global Unity , New Delhi.
- * Recipient of Super Chikitsak Award 2001 from AIDS Preventive Society New Delhi.
- * Recipient of Best cardiologist and Fellowship awards from all India Medical Professional New Delhi.
- * Member of Maharashtra Medical Council
- * Member of Goa Medical Council.
- * Member of National Geographic Society.
- * Life membership of Indian Medical Association
- * Life membership of Association of Medical Sciences

- * Life membership of Indian Academy of Echocardiography.
- * Life membership of Cardiological Society of India.
- * Life Membership of Association of Physician of India
- * Auditor for International Certification Services (Asia) Pvt. Ltd.
- * Has keen interest in Sports - was a Badminton Champion in Goa Medical College and represented College at Inter collegiate level
- * Award at Rashtrapati Bhavan for Life Time Achievement by World Congress on Clinical and Preventive Cardiology
- * Corporate Social Responsibility Excellence Award by Green Triangle Society, Goa
- * Felicitation at GIMACON 2010 by IMA Goa state
- * Honored with Fellowship of Indian Academy of Echocardiography
- * Author of the book on longevity- “Alert, Active, ALIVE @ 100”
- * Undersecretary Emergency medicine Goa state

Work on Educational Front

1. International Institute of Medical technology- 14 courses
2. Vrundavan Institute of Nursing education
3. Regular training at Vrundavan Hospital
4. Advisor to Managing Committee –Kissan Shiksan Saunsthan at Nerul.
5. Number of social teaching programmes on various diseases all over Goa and out of Goa.
6. Vrundavan Health Quiz.
7. Number of lectures on para medical subjects to 12th std students in different higher secondary school and colleges.
8. Executive Member of PTA – Dnyanprasarrak Mandal College for 22 years.
9. Conducted Basic and Advanced Echocardiography courses in country
10. Conducted a number of National, International conferences as Organising Secretary
11. A faculty in Cardiology, API, Emergency medicine, diabetology, EMCARD, Endocrinology.

Entrepreneurship

All these institutes are started by Dr. Digambar Naik with personal concevment , planning and contribution. Starting from absolute zero, with no financial moral, legal or administrative support.

Reading, drawing and painting are some favorite hobbies and has a very keen interest in social work.

Important achievements in Rotary International

1. Secretary of Rotary Club of Mapusa (1990-1991)
2. President of Rotary Club of Mapusa (1996-1997) had the honour of making Rotary Club of Mapusa THE BEST CLUB IN DISTRICT.
3. G. G. R. Rotary International District (1997-1998)
4. Revenue District Chairman pulse Polio(1998-1999)
5. District Chairman- 12 care project (1999-2000)
6. District Chairman International Youth Exchange (2000-2001)
7. District Chairman Coordinator Group Study Exchange (2001-2002)
8. Paul Harris Saphire Fellow- Rotary International- Rotary District Officer ever since.
9. Major Donor of Rotary International
10. Member of district 3170 district committee for the last 25yrs.

Districts awards brought to the club during tenure as President of Rotary Club of Mapusa (1996-1997)

1. First Prize at competition for display ' On Rotary Works''
2. Outstanding President
3. Outstanding Secretary
4. Outstanding G.Z.R.
5. Outstanding G.S.R
6. Presidential Citation
7. Best club in District
8. Best in International Service
9. Third in Rotary Foundation Contribution.

10. Second in Per capita Rotary Foundation. Contribution

11. Rotary International Presidents Appreciation award for Rotary Foundation.

Contribution as a Non Interventional Cardiologist

- Working as Non Interventional Cardiologist for last 35 years.
- Life member of Cardiology Society of India.
- Recipient of Super Chikitsak Award 2001 from AIDS Preventive Society New Delhi.
- Recipient of Best cardiologist and Fellowship awards from all India Medical Professional New Delhi
- Number of lectures and programmes in conferences on Doordarshan and local channels
- Organized basic and advanced Echocardiography workshops in country
- Organizing Secretary for the conference of Indian Academy of Echocardiography for the year 2010 and 2014
- Introduced number of new modalities

Entrepreneurship - Healthcare Express:

Healthcare Express is the premier monthly magazine produced by Indian Express Group. In January 2009 edition, Dr. Digambar Naik has been put on the cover page and a full page write up with a full-size photograph appeared inside under caption **50 PATHFINDERS** of the country along with doyens of industry like Dr. Pratap Reddy; Dr. Devi Shetty and other giants.

Rages To Riches- Article In Navhind Times

'Navhind Times' is Goa 's No. 1 and most respected for neutrality and highest selling daily.

On 25th May, they brought an article on the First page on Dr. Digambar Naik.

DR. DIGAMBAR NAIK MAKES GOA PROUD- NAMED PATH FINDER OF INDIAN HEALTHCARE INDUSTRY

The Indian Express Group in their monthly magazine "Express Healthcare", have named 50 pathfinders in the health industry in their anniversary issue. The whole issue has been dedicated to the glimpse of life of these path finders.

The Express health care Editor Rita Dutta quotes in this issue, "They are doctors who not only dreamt big but made it big. They are people who had the zest, zeal, passion and in their vision and the undying determination to make it big against all odds. Rita Dutta salutes 50 such prolific doctor-Entrepreneurs who as trendsetters changed the way Indian healthcare was ever viewed before.

They have all been or still are practising cardiologists, general physicians, pathologists, ophthalmologists, surgeons, neurologists, urologists or hospital administrators or some other specialists of some stature. But what makes them stand out from the crowd or other renowned fellow doctors is the only way they followed their heart and created an institute on their own, mostly against many odds. They are visionaries who saw the need to fill a wide gap and in their zeal to fulfil their dreams have turned reformists who determinedly fought against innumerable archaic Government rules and bureaucratic red-tapism. Most of them started in a modest way and took decades to realise their dream, egged on by none but their dream and their indomitable spirit.

At a time when the Indian healthcare industry is slated for a boom and healthcare is looked at a lucrative business venture, it is time to remember the contribution of these entrepreneurs that we indeed cannot afford to ever forget.

Dr. Digambar Naik of Goa has been included in this list of Doctors who are collectively responsible for what healthcare in India is today & will be tomorrow.

The 50 Doctors in the list of Pathfinders are:

Dr. Pratap C. Reddy- Founder Chairman, Apollo Hospitals Group

Dr. Naresh Trehan - Chairman, MediCiti Gurgaon

Dr. B. Somaraju - Chairman, Care Group of Hospitals

Dr. Sengamedu Srinivasa Badrinath- Chairman Emeritus, Sankara Nethralaya

Late Dr. Tonse Madhava Ananth Pal- Founder, Manipal Group

Late Dr. Govindappa Venkataswamy- Founder, Aravind Eye Hospital, Madurai

Dr. K.M. Cherian- Chairman, Frontier Lifeline, Chennai

Dr. Ramakanta Panda- Founder and Vice-Chairman, Asian Heart Institute,
Mumbai

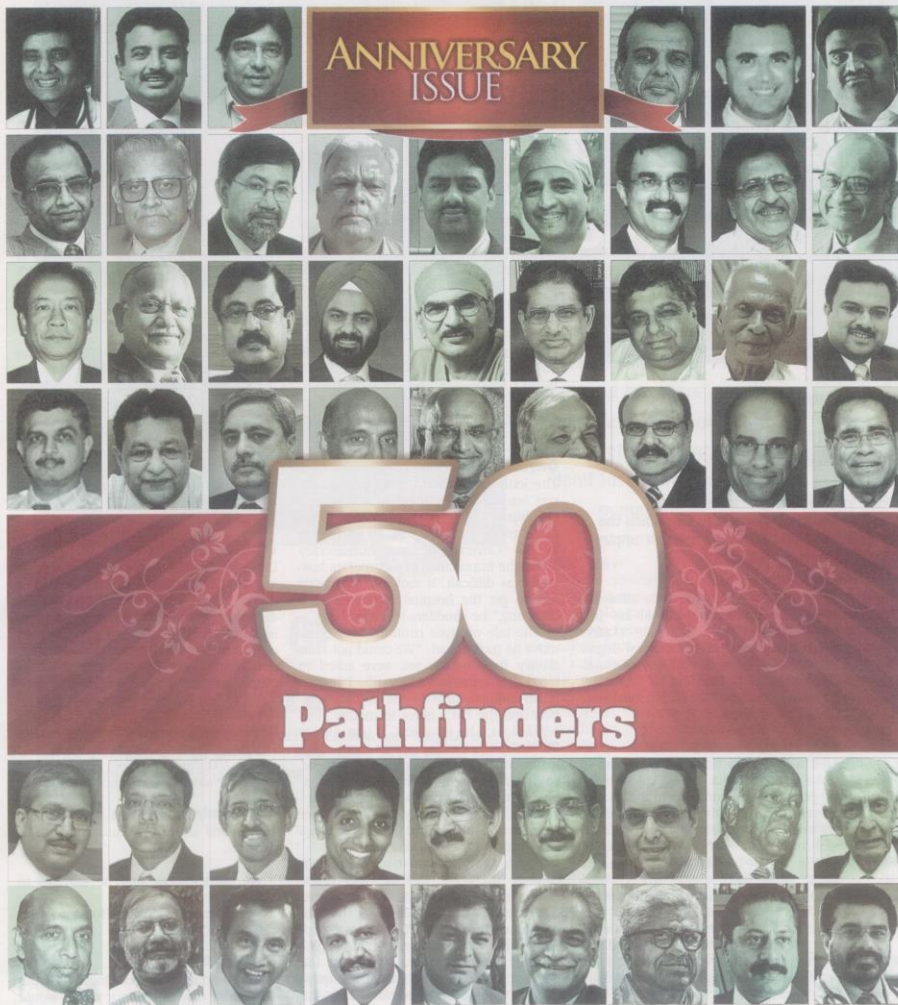
Dr. M.I. Sahadullah- Chairman & Managing Director, Kerala Institute of
Medical Sciences,

Thirivananthapuram

Dr. G.N. Rao- Chairman, LV Prasad Eye Institute, Hyderabad
Dr. Devi Shetty- Chairman, Narayana Hrudayalaya Private Ltd, Bangalore
Dr. Purushotam Lal- MD, Metro Heart, NCR
Dr. G. Surender Rao- Executive Director, Yashoda Group, Andhra Pradesh
Dr. Vivek Desai- Managing Director, Hosmac Consultancy India Pvt Ltd,
Mumbai
Dr. Arjun Kalyanpur- Managing Director, Teleradiology Solutions
Dr. Dharminder Nagar – Chairman & Managing Director, Paras Hospitals,
Gurgaon
Dr. Bhim Sen Bansal - Chairman & Managing Director, RG Stone Urological &
Laproscopey Hospital
Dr. Charu Apte- Managing Director, Sahyadri Hospital, Pune
Dr. Keki B. Grant- Chairman, Ruby Hall Clinic, Pune
Dr. Avinash Phadake- Director & Chief, Pathology Services, Piramal Diagnostic
Services
Pvt Ltd., Mumbai
Dr. S. Natarajan- Chairman & Managing Director, Aditya Jyot Eye Hospital,
Mumbai
Dr. P.V.A Mohandas- Managing Director, MIOT Hospital, Chennai
Dr. Arvind Lal - Chairman & MD, Dr Lal PathLabs Pvt Ltd
Dr. Kancheria Ravindranath- Chairman, Global Hospitals
Dr. A.K. Bansal – Founder & Director, Jeevan Jyoti Hospital, Allahabad
Dr. Siddhartha Rai - Managing Director, Heritage Hospital, Varanasi
Dr. Manmohan Kumar Khanduja - Chairman & Managing Director, BSR
Healthcare Group
Dr. Nomal Chandra Borah – Chairman, GNRC, Guwahati
Dr. B.S. Ajalkumar- Chairman, Healthcare Global Enterprises Ltd
Dr. Vikram Shah - Managing Director, Shalby Hospitals, Ahmedabad
Dr. K.G. Alexander- Chairman, Baby Memorial Hospital, Calicut
Dr. Arun Murugalyah- Chairman, Vasani Healthcare Group
Dr. Digambar Naik-M.D, Vrundavan Hospitals, Goa
Dr. Susheel Shah – Founder & Chairman, Metropolis Health Services Pvt Ltd,
Mumbai
Dr. Govindaswamy Bhakthavathsalam- Chairman, KG Hospital, Coimbatore
Dr. Ramandeep Singh - Managing Director, Indus Hospital
Dr. Jaiveer Agarwal- Chairman, Agarwal's Eye Hospital
Dr. Vinay Aggarwal- Chairman & Managing Director, Pushpanjali Healthcare
Dr. Azad Moopen- Chairman, Dr. Moopen's Group
Dr. Ganesh K. Mani - Chairman & Managing Director, Delhi Heart and Lung
Institute, New Delhi
Dr. Nalla G. Palaniswami - Chairman & MD, KMCH Group of Hospitals
Dr. V. Mohan - Chairman & Chief Diabetologist, Dr. Mohan's Diabetes
Specialities Centre, Chennai
Dr. Bimal Roy Soni – Chairman, Soni Group of Hospitals, Jaipur

Dr. S.B. Vikram – Founder, Vikram Hospitals Group
Dr. N. Sethuraman- Chairman, Meenakshi Mission Hospital & Research
Centre, Madurai
Dr. K.H. Palin- Managing Director, Shija Hospital, Imphal
Dr. Alok Roy- Chairman & Managing Director, Medica Synergie, Kolkata
Dr. Purnendu Roy- Managing Director, Genesis Hospital, Kolkata
Dr. J. S. Rajkumar – Chairman, Lifeline Group of Hospitals
Dr. Col. A. K. Singh - Managing Director, Ruban Memorial hospital, Patna

ANNIVERSARY
ISSUE



They are doctors who not only dreamt big but made it big. They are people who had the zest, zeal, passion and belief in their vision and the undying determination to make it big against all odds. Rita Dutta salutes 50 such prolific doctor-entrepreneurs who as trendsetters changed the way Indian healthcare was ever viewed before

They have all been or still are practising cardiologists, general physicians, pathologists, ophthalmologists, surgeons, neurologists, urologists or hospital administrators or some other specialists of some stature. But what makes them stand out from

the crowd or other renowned fellow doctors is the way they followed their heart and created an institute on their own, mostly against many odds. They are visionaries who saw the need to fill a wide gap and in their zeal to fulfil their dream have turned

reformists who determinedly fought against innumerable archaic Government rules and bureaucratic red-tapism. Most of them started in a modest way and took decades to realise their dream, egged on by none but their dream and their

indomitable spirit.

At a time when the Indian healthcare industry is slated for a boom and healthcare is looked at a lucrative business venture, it is time to remember the contribution of these entrepreneurs that we indeed cannot afford to ever forget. ▶



Dr Digambar Surya Naik (53)
Managing Director, Vrundavan Hospital, Goa

Goa's Medical Revolutionary

He began his entrepreneurial journey by renovating an old hospital. Today, he has created a chain of hospitals in Goa

Born on March, 1955 in a remote village, Nerul, Goa, he did MBBS from Goa Medical College, MD in General Medicine and Therapeutics from Bombay University. Subsequently, he qualified in Occupational and Industrial Health from Goa University.

Why an entrepreneur?

On the day of passing MD, a lucrative job in Gulf was offered to him while he was in Mumbai. "But I turned it down as I wanted to be in India and help people with my expertise. At this point of time, I had an extraordinary confidence in my knowledge about medicine and the ability to heal," says he.

Before being an entrepreneur

He came back to Goa and started working in Goa Medical College as lecturer in medicine. "At this stage, I was unhappy with the level of medical care we were giving in a free hospital of a medical college. I wanted to go out and give extraordinary medical services to people of my state," says he. So in September, 1985, he started his own practice in a friend's place paying Rs 200 per month as a rent. He also started practicing at some hospitals.

But he was disturbed when he observed that private hospitals where he

was attached to were reluctant to take acute critical cases since they were deprived of basic infrastructure. As nobody was ready to finance his dream project, he continued practicing with the same shortcomings for the next five years.

The first move

Then the opportunity to realise his dream happened by chance in April 1990. He received a call from a gynaecologist who was leaving India. The gynaecologist was exploring the possibility of somebody else running her hospital while she was away. Dr Naik jumped at the opportunity, signed the papers of lease without even having sufficient time to inspect hospital and take any professional advice. "She left Goa and I went inside the hospital to restart the same which was non-functional for the last seven years," says he.

The hospital had no water connection. The septic tank and the bathrooms were clogged with roots of trees. "Me with my wife and her two brothers started cleaning the place and white washing it with our own hands. Since we could not afford any contractor to do this job for us, I used to practice the whole day, come back in the evening and clean and paint the place till 11-12 in the night," he recalls.

He needed funds to make the hospital grow professionally. "A patient friend of mine came to my rescue and through a co-operative bank managed to get me a loan of Rs 50,000," says he. After the upgradation, patients started trickling in and all the 15 beds were full. "We had made arrangements for bed sheets and another material for a few patients thinking we would get one or two patients every day—giving us time to prepare other materials. At this stage, my wife went into Mapusa Market, purchased on credit all the white material that was available in the cloth shops, cut it with her own hands and gave it to the tailors sitting on footpath and kept on sending them to the hospital. This is how I began my life as an entrepreneur," says he.

The hospital kept on growing and by April, 1994, Dr Naik started with the new Vrundavan Hospital & Research Centre, Mapusa.

Fears and apprehensions

"There were no fears and apprehensions in my mind during the journey. Perhaps because I never had time to look back and think what will happen if I fail? At this time, I was ignorant of managing finance, personnel, construction, statutory requirements, the labour laws, the impact of hospital on society and vice versa and the rest of the management jargon we speak about today," says he.

Any formal degree in professional management?

"No. As we grew in years, I realised the necessity for a proper professional management. I spent time on these aspects and learnt it along with development of other branches of medicine," he agrees.

Over the years

Today, the group has a 80-bed multi spe-

cialty hospital at Mapusa, a 40-bed multi speciality hospital at Calangute, a 15-bed multi speciality at Dodamarg and Vrundavan Cosmetic Centre at Calangute. Vrundavan Hospital, Mapusa is the first multi speciality healthcare institution in Goa to be awarded ISO 9001:2000 certification.

He gave kidney dialysis in the state of Goa a boost by starting a kidney dialysis programme. "Today, we have the biggest dialysis centre running at three places namely Vrundavan Hospital & Research Centre, Mapusa, Apollo Victor Hospital, Margao and Salgaonkar Medical & Research Centre, Vasco," he informs.

Overcoming roadblocks

As the hospital grew in medical practice, the shortage of technical people and nursing personnel was posing a problem. So, Dr Naik started Vrundavan Nursing School at Porvorim, the first paramedical college and the first private nursing school for the state of Goa. "I had to face tremendous hardships in getting the necessary permissions from the Government and other regulatory bodies. They all seemed insignificant in front of the mission. Today, these institutions have a place of pride in their own way, creating a learning platform to a number of youngsters—learning with passion and dedication to generate the healthcare that our country needs," feels Dr Naik.

Mistakes made and lessons learnt

"Over the years, we have made mistakes in the every aspect of management—like finance and accounting, legal issues, marketing, purchasing and have paid a price for it. The lesson I learnt is that a hospital needs a specialist in every branch of management," he suggests.

Awards

He has been honoured with Vikas Ratna Award by India International Friendship Society, Noble Son of India award from Society for Global Unity, New Delhi, Super Chikitsak Award 2001 from AIDS Preventive Society New Delhi, Best Cardiologist and Fellowship Award from All India Medical Professional, New Delhi and Life Time Achievement award at New Delhi by World Congress on Clinical, Preventive and Geriatric Cardiology.

Tips for entrepreneurship

"Learn your subject well, understand the whole process, learn finance and accounting before you start. Learn about human relationship management and enjoy the hardships that come along. Only then future could be yours," he feels sincerely.

An entrepreneur that he admires in healthcare

At a very young age, he was inspired by the life-story of Dr TMA Pai, Founder of Manipal Group.

The road ahead

His future plans include providing kidney transplant and providing training in paramedical subjects to support clinical services that the groups offer.

RAGS TO RICHES

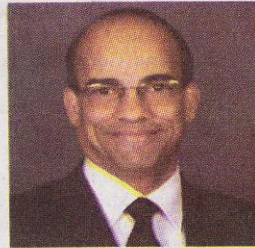
Digambar Naik's success story, an inspiration to others

NT endeavours to profile persons who have risen and made a place on the Goan social horizon, on their own

by **ERVIN FONSECA**
NT Network



Vrundavan Hospital



Dr Digambar Naik

MAPUSA — A well-known medical practitioner that he is, Dr Digambar Naik is a well respected and a well-recognised doctor in the country. His Vrundavan Group of Hospitals has today created a revolution in the medical field in Goa. However, for this 53-year-old doctor, success has not come easily and it has been through constant perseverance and hard work

that he is today rated as one among the 50 topmost 'pathfinder' doctors in the country.

Born in Nerul in Bardez in 1955, Dr Naik did not have an easy childhood. He was the sixth among the eight siblings. His father being a small time tailor virtually struggled to make ends meet and take care of his family. The economic condition of the family

to live on one kg rice a week. My childhood was painful and full of misery. Even my mother, due to frequent pregnancies, often remained sick and I did not even get the opportunity to grow up on my mother's milk." Recollecting that it was poverty that forced him to go without milk in his childhood days Dr Naik said that in such a situation he had to live on plain canji. "In spite of all these odds against me and given the fact that I was a malnourished child it is a miracle that I am still alive today and doing exceptionally well."

See also P12

Digambar Naik's success story, an inspiration to others

by **ERVIN FONSECA**
NT Network

MAPUSA — Stating that he was more interested in mathematics and taking up to engineering during his school days, Dr Naik says that it was his family that forced him to take to medicine and in spite of not having an inclination he entered this field and succeeded in making a name for himself in the healthcare sector in India. "Again here due to poverty, in my school days I would work after returning from school and later study till midnight as a result of which I would get sleep barely for four to five hours and even today I barely sleep for four hours in 24 hours".

Though Dr Naik claims that he was brilliant in his studies he recollects that he

never took part in sports activities until he entered medical college as he had no time to play. "Work and study to make ends meet was how my entire childhood passed," he recollects.

After he finished his studies at the Goa Medical College he went to Mumbai for further studies and there while he was on the verge of completing his education he recollects receiving a lucrative offer to work in the Gulf which he refused, and came down to Goa to serve his people as he had full faith in his abilities.

"Again the initial days here were also quite difficult. In September 1985, I started my own practice at a friend's place paying a rent of Rs 200 per month and in the process I realised that the medical facilities in the

state were not satisfactory, though I could not do anything and had to carry on". Dr Naik further stated that it was only in 1990 that he got his first major break when a gynaecologist who was leaving Goa for her home state wanted a doctor to take over her hospital and immediately he jumped at the opportunity.

"After signing the lease papers when I entered inside the hospital premises I realised that a lot of work needed to be done to put the hospital in place. Due to financial constraints we could not afford to employ workers and my wife and brothers-in-law came together and we took upon ourselves the task of putting the 'deserted' hospital on its tracks." He further informed that at times even

his wife had to buy linen on credit due to less financial resources. "Luckily a patient friend was kind enough to help me in availing a loan of Rs 50,000 and from there on there was no looking back."

Not only did Dr Naik upgrade this hospital, shortly afterwards in 1994 he started his Vrundavan Hospital and Medical Research Centre at Pedem in Mapusa. Today, he has besides this 80-bedded super speciality hospital another 40-bedded super speciality hospital at Calangute, a 15-bedded super speciality hospital at Dodamarg in Maharashtra, a cosmetic centre in Calangute, a nursing institute in Porvorim, a health spa at Calangute and a para medical college at Mapusa which will soon be opened in its new independent premises at

Colvale. The Mapusa hospital alone has an equipment worth Rs 20 crore.

Dr Naik, who has received various awards, travels almost every month to all possible destinations to take part in conferences and to learn new things in the medical sector. Vrundavan has today changed the whole medical scenario in the state and Dr Naik's yet another feat is Health Quiz competitions to make the youth of Goa 'health conscious' and intelligent in science of the human body.

Having tasted success the difficult way Dr Naik's message to the youth is "there is plenty in life for everybody. Tie up with your neighbour and grow. Sit down, learn, enjoy your profession and only then you will excel in life."